

PST/INTERVIEWS FOR ANNAPOLIS, MD

Dates for 2004

JAN 8 th	FEB 12 th	MAR 11 th	APR 8 th
MAY 13 th	JUN 10 th	JUL 8 th	AUG 12 th
SEP 9 th	OCT 14 th	NOV 12 th	DEC 9 th

Submit your online PST Request via SEAL/SWCC website:

http://www.seal.navy.mil/seal/pst_request.asp your request will be processed with other candidates in your geographic location.

NOTE: YOU WILL NOT BE SCHEDULED FOR THE PST UNTIL YOU HAVE BEEN CLEARED BY BUD/S MEDICAL. PLEASE READ AND FOLLOW THE STEP-BY-STEP GUIDELINES

http://www.seal.navy.mil/seal/bec_enlisted.asp

Time 0900

Arrive min 15 early to ensure you have time to warm-up. BE READY TO START THE PST @0845 LATE ARRIVALS WILL NOT BE TESTED

LOCATION

**West end of MacDonough Hall, U.S. Naval Academy:
MacDonough Hall**

DIRECTIONS

From Washington, DC: Lake US Route 50 East for 35 miles and get off on Rowe Blvd., Exit 24. Take Rowe Blvd. 1.6 miles to where it dead-ends at College Ave. - make a left turn. Go to the first stop light, this will be King George St. - make a right turn. Follow King George St. for two blocks. Enter Gate 1; ask Marine guard for directions to MacDonough Hall.

From Baltimore: Take either Interstate 97 South or Maryland Route 2 South for 26 miles and get off on Rowe Blvd., Exit 24. Take Rowe Blvd. 1.6 miles to where it dead-ends at College Ave. - make a left turn. Go to the first stop light, this will be King George St. - make a right turn. Follow King George St. for two blocks. Enter Gate 1; ask Marine guard for directions to MacDonough Hall

From the Eastern Shore: Take US Route 50 West across Bay Bridge and get off on Rowe Blvd., Exit 24. Take Rowe Blvd. 1.6 miles to where it dead-ends at College Ave. - make a left turn. Go to the first stop light, this will be King George St. - make a right turn. Follow King George St. for two blocks. Enter Gate 1; ask Marine guard for directions to MacDonough Hall.

******* Be prepared. Give yourself plenty of time to locate MacDonough Hall*****.**

GEAR LIST

The original approved special request chit

Service and Medical Record

Military identification card

T-shirt, dungarees or cammies, and boots for **SEAL**

candidates

T-shirt, shorts, and running shoes for **SWCC candidates**

Swimsuit and towel

Drinking water

Upon Successful completion of the PST

Candidate will be interviewed, IAW MILPERSMAN 1220-150.

Interview requirement items:

- (1) Uniform of the day
- (2) The original approved special request chit
- (3) Military ID
- (4) Service record
- (5) Medical record
- (6) Wavier(s) (See Waivers)

NOTE:

Cancellations or rescheduling of a scheduled PST can be Requested via

Email: <mailto:PSTCOORDINATOR@navsoc.navy.mil>